



## Recommended Reading

- *The Appreciative Inquiry Summit*, Ludema, Whitney, Mohr, Griffin
- *A Primer in Positive Psychology*, Peterson
- *A Woman's Self-Esteem*, Branden
- *Authentic Happiness*, Seligman
- *Beyond the Wall of Resistance*, Mauer
- *Change Your Questions, Change Your Life*, Marilee Adams
- *Character Strengths & Virtues*, Peterson & Seligman
- *The Completely Revised Handbook of Coaching*, McLean
- *The Courage Quotient*, Biswas-Diener
- *The Creative Lawyer*, Michael Melcher
- *Crucial Conversations, Tools for Talking When Stakes Are High*, Patterson, Grenny, McMillan, Switzler
- *Deep Survival*, Gonzales
- *Emotional Intelligence*, Goleman
- *Evidence Based Coaching*, Grant and Stober
- *Executive Coaching with Backbone and Heart*, O'Neill
- *Fearless Leadership, Conquering Your Fears and the Lies That Drive Them*, Roselle, PhD
- *Finding Flow*, Csikszentmihalyi
- *The Five Dysfunctions of a Team*, Lencioni
- *Flourish*, Seligman
- *Happier*, Tal Ben-Shahar
- *The Happiness Advantage*, Shawn Achor
- *The Happiness Hypothesis*, Haidt
- *The Happiness Journey*, Pothier & Pothier
- *Happiness, Unlocking the Mysteries of Psychological Wealth*, Diener & Biswas-Diener
- *Happy* (the movie), Roko Belic
- *The How of Happiness*, Lyubomirsky
- *I Am* (the movie), Tom Shadyac
- *Learned Optimism*, Seligman
- *Love 2.0*, Fredrickson
- *Man's Search for Meaning*, Viktor Frankl
- *Mindset*, Dweck
- *Oxford Handbook of Positive Psychology*, Lopez & Snyder
- *The Paradox of Choice*, Schwartz
- *Positive Psychology in Practice*, Linley & Joseph
- *Positivity*, Fredrickson
- *The Power of Habit*, Duhigg
- *Practicing Positive Psychology Coaching*, Biswas-Diener
- *Profit from the Positive*, Greenberg & Maymin
- *Pursuing the Good Life*, Chris Peterson
- *The Resilience Factor*, Reivich & Shatte
- *Spark*, Ratey
- *Switch*, Heath & Heath
- *The Thin Book of Appreciative Inquiry*, Hammond
- *Twelve Steps to a Compassionate Life*, Armstrong
- *Working Identity*, Ibarra
- *1001 Solution-Focused Questions*, Fredrike Bannink